

ESN PROYECT- *Mens sana in corpore sano*

The weight of your actions

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Introduction

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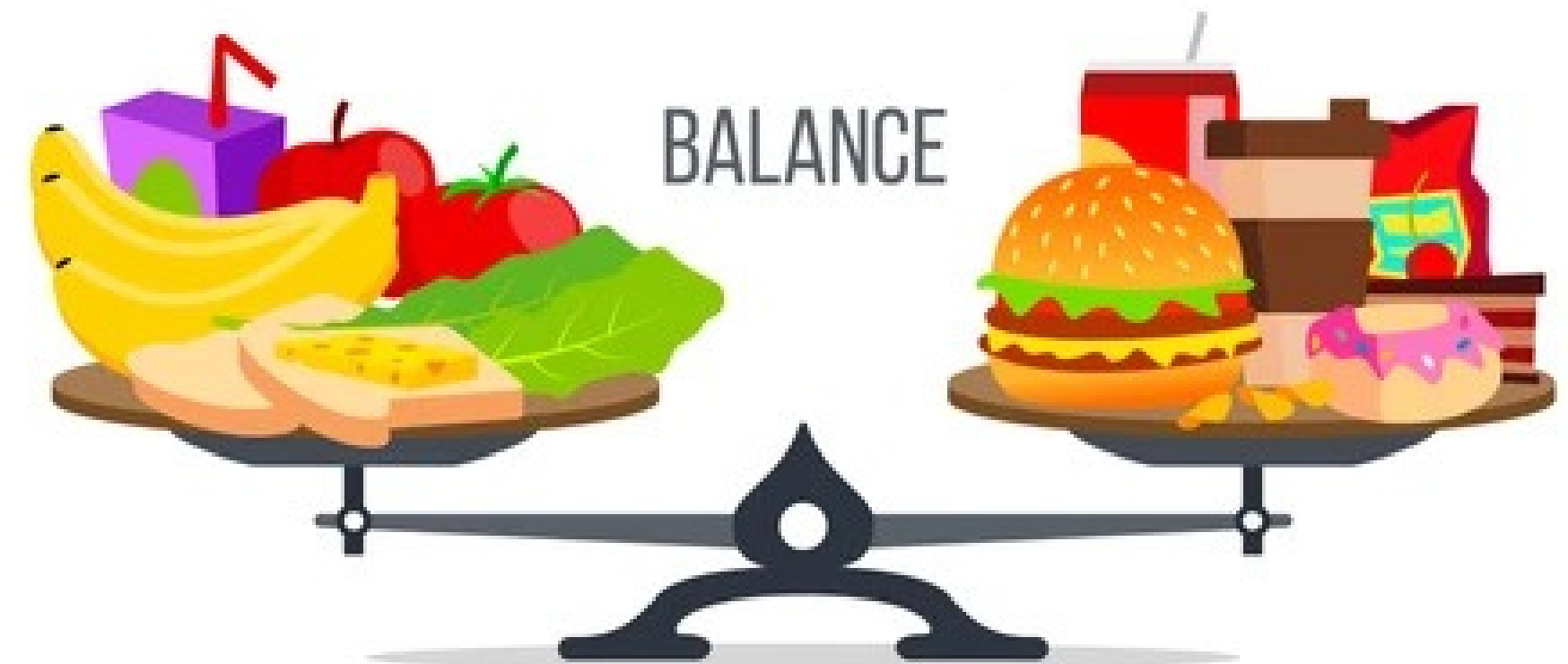
Scales and
comparations

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Conclusions

Introduction

- What is our project about
- Importance of balance
- Weight of actions



Scale 1

Car



Bicycle





Scale 2

Mobile Phone



Outdoor activities





Scale 3

Partying



Sleep hours





Scale 4

Junk Food



Healthy Food





Scale 5

Cigarettes



Medical Health





Scale 6

Alcohol



Water





Conclusion

- The power of art
- Art's advantages on mental health
- Gifts



Thanks for listening

Hope you liked it!!

